OUR COMPANY BROCHURE



THE FOURTH QUADRANT

FOUNDATION

News, Trends, Announcements & Developments

STUDENT WELLBEING IN SCHOOLS

We are an Accredited Employing Authority (AEA) to the Department of Education QLD.

2021 was an exciting year for us at the Fourth Quadrant Foundation as we applied for and were approved to start providing permanent services to the Department of Education in Queensland on top of our AD-HOC presentations, workshops, programs and training.

See more of this article on page 6.

CERTIFIED SOCIAL ENTERPRISE

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See more of this article on page 7.





AS A COMPANY THAT RESIDES ON THE SUNSHINE COAST, WE WOULD LIKE TO ACKNOWLEDGE AND HONOUR THE KABI KABI PEOPLE AND THE JINIBARA PEOPLE AS THE TRADITIONAL CUSTODIANS OF THE COUNTRY WHERE WE LIVE, WORK AND PLAY. WE RECOGNISE THEIR CONTINUING CONNECTION TO THESE BEAUTIFUL LANDS AND WATERS, AND THANK THEM FOR PROTECTING THIS COASTLINE AND ITS ECOSYSTEMS SINCE TIME IMMEMORIAL. WE PAY OUR RESPECTS TO ELDERS PAST, PRESENT AND EMERGING, ACKNOWLEDGE THAT THEY NEVER CEDED SOVEREIGNTY, AND EXTEND THAT RESPECT TO ALL FIRST NATIONS PEOPLE WHOM WE COME INTO CONTACT WITH EITHER ONLINE OR IN PERSON.

A NOTE FROM THE FOUNDER

JOSHUA SCHLOSS - MANAGING DIRECTOR

IDENTITY & CULTURE

We live in a world built on tangibles,
For a school it may be curriculum,
attendance, grades and complex
behaviour. For an organisation it may be
output, KPI's, productivity, efficiency, staff
turnover, sales. In a nut shell, the
reportable, quantifiable data.

But we think that success, whether it be academic, personal or professional, is built on the intangibles. Facets such as belonging, passion, fulfilment and character growth. These things all add up to be our culture - our family culture, our workplace culture, our classroom culture.

And that's where we come in.

We teach that belonging, passion, fulfilment and character growth all stem from culture. Culture is the bi-product of how we treat each other and how we treat others is directly linked to our values. We exist to help schools, families and workplaces develop a culture where everyone thrives at a values level.

Interestingly enough, when we get the culture right, the tangibles increase too.

Sometimes it's hard to see the forest for the trees. You work hard every day to meet your customer's current needs and anticipate what they'll want in the future. You listen carefully, attend to your market, and watch your cash flow. You give your employees the best training and benefits that inspire loyalty. You have a phenomenal business with a good reputation — so what's next?

Growth and innovation are important, but stopping to think about company culture can be difficult, especially when you're busy with day-to-day transactions and business is consistently good. But could the culture be great? Absolutely.

Culture drives organisational performance and can be a powerful mechanism to deliver business benefits. We aim to empower outstanding productivity levels and increase profits through facilitating the direction and values of the culture of your business, preparing internal structures and the development of people and teams to achieve the alignment of values and behaviour within the organisation.



Recurring Events

DEEPER INTERVENTION 3 Day Training

We offer excellent opportunities to receive Advanced Training in group facilitation skills, world-class culture implementation, non-punitive behaviour management strategies and access to programs and content that all of us (as well as those we do life with) could benefit from so we grow into our FULL potential!

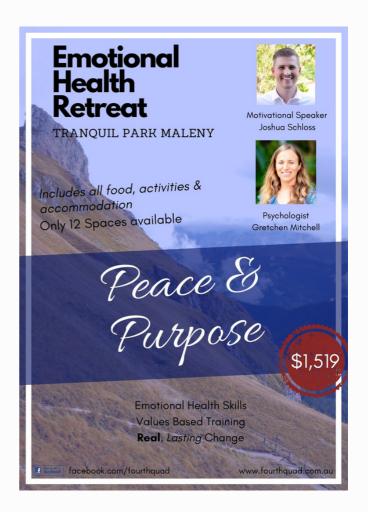
There are several ways you can get in on these trainings. We have two day trainings that are geared more toward culture, Three day training that includes advanced program facilitation skills and single day training if you just want some hacks to upskill your group work practices. Check out our website to see what is coming up.



PEACE & PURPOSE Maleny - MENTAL HEALTH RETREAT

Life is going by more and more quickly every year. The things we hoped to achieve may seem to pass us by if we don't intentionally make time for personal growth and development. Come join us for this special retreat we have created to focus on growing and developing our Mental and Emotional Health.

Co-facilitated by Psychologist Gretchen Mitchell, this retreat takes participants on a powerful, intimate and transformational journey.



To purchase tickets to these events and/or to learn more information, please have a look at www.fourthquad.com.au.

Student Leadership Summit (SLS)

This inspiring, heartfelt and passionate day comes to you from the masters of Action-Based Learning, delivering a robust combination of motivational speaking and small group practical sessions.

We seek to bring student leaders from across Brisbane, Moreton Bay Region and the Sunshine Coast together for a fun and interactive day of learning, exploring and discussing the intricacies of leadership.

Facilitators specialise in a style that guarantees a higher degree of integration and application of the themes discussed throughout the day.

This is unlike any student leadership conference you have been to before, the lectures are kept to a minimum with the focus being kinaesthetic, 'out of your chair', action-based learning!

WHAT TO EXPECT

8:30am - Registration & Check In

9:00am - Session 1

10:30am - Morning Tea Break

11:00am - Session 2

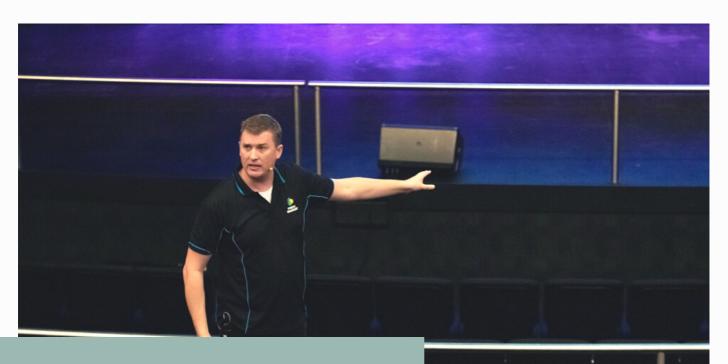
12:45pm - Lunch Break

1:25pm - Session 3

2:45pm - Finish

Sessions will have one or two speakers, question times, short videos, learning exercises, student involvement, music and student interaction including small group exploration of models and concepts using ropes and floor cards.

The program is designed to benefit any student who shows an interest in developing their leadership potential.
All students in attendance will have access to a digital Certificate of Participation following the event.

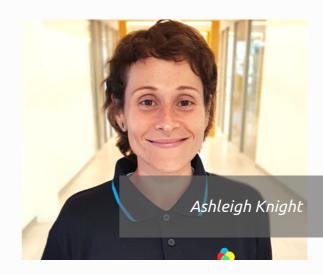


SLS Day 1 - Primary

SLS Day 2 - Senior Secondary

Team Spotlight





Michelle is a highly motivated and passionate individual with over fifteen years experience in the community service sector. She has spent considerable time working with young people in the area of self-improvement. While being dedicated to making a difference to those who really need it, Michelle enjoys assisting people to achieve their goals and reach their full potential.

Michelle's 17 qualifications (and counting) are proof of her sensational commitment to constant and neverending improvement as she seeks to empower others from her significant plethora of skills.

Michelle has overcome tremendous adversity and has battled with some of life's more complex difficulties. All of this makes Michelle a force to be reckoned with as she brings warmth and compassion to her profound ministry in schools and to the company.

For the past 10 years Ashleigh has been working in the field of animal welfare and behaviour, her passion has always been helping people understand the animals they share their lives with.

Whilst working within a council animal shelter as the shelter coordinator and adoption officer, she developed a passion for helping people within her community, as her role exposed her to the many gaps that existed within our fast changing society.

Having spent many years as a troubled youth herself, falling into the many snares that present themselves within our day to day lives, and overcoming trials such as addiction, depression and social anxiety, Ashleigh now finds herself seeking to help her community, in particular young people.

The Fourth Quadrant Foundation welcomes Ashleigh Knight to the team and is excited to see the profound difference she can make in the lives of a School community.

TESTIMONIALS



'Hearing their stories at the seminar was amazing, personal rather than robotic like so many other talks I have listened to' - Year II Student.
'The strategies given to me at the training I recently attended will be put in place and I will use them forever. Very helpful' - Administrator.
'With pin-point accuracy, the way human behaviour plays out at our

workplace has been brought to the surface in a caring way. You guys really push the boundaries of what is possible at work' - Manager.



'I highly recommend! I have been working with young people for 25 years and I can't recall ever seeing a facilitator connect with people like these guys. They connect to our inner world with care, safety and empathy. If you are looking for a great trainer, facilitator or speaker for schools, businesses.... Whatever, I highly recommend the Fourth Quadrant Foundation'.

Julie Cave, Coordinator for Local Council

STUDENT WELLBEING IN SCHOOLS

2021 was an exciting year for us at the Fourth Quadrant Foundation as we applied for and were approved to start providing permanent services to the Department of Education in Queensland on top of our AD-HOC presentations, workshops, programs and training.

2022 started slowly with schools being closed to external providers for most of Term 1. Whilst this was a little underwhelming for us as we had high hopes for starting the year off with a *BANG*, having just been successful in our application to become an AEA to the Department of Education QLD, we simply invested more into program development so that we had more to offer when schools reopened to us. Boy did that work out for us!

The beginning of term 2 (April) saw us receive interest from our very first school, Elimbah State Primary. Now all we had to do was find the right worker to pioneer our point of difference in a school and generate some word of mouth for us.

Joshua (the Director) began calling around and speaking with Teachers that he knew from the area and one teacher knew of someone that might be the right fit and came highly recommended. This saw Joshua invite the candidate (Melissa Teunis from the Team Spotlight page) to travel and attend some training that he was delivering in Victoria.

After three days of learning how to take groups on a growth journey it was safe to say that

Melissa was in fact the perfect individual to work alongside Joshua in pioneering a program at our very first school.

Today, a short 10 months later and we have over 10 workers fully trained, our AD-HOC bookings are on the rise, we have contracts with 10 schools across the South East and more investigating us every day.

This story would not be a successful one if it were not for the amazing, talented and committed staff that Joshua and his team have been able to find, sometimes quite miraculously, and so it is now time to thank these workers who put their hearts and lives into the work that they do.

Thank you;

Melissa Teunis - Elimbah State School
Michelle Durbidge - Jinibara State School
Tanya Bray - Gunalda & Gundiah State School
Lee Tilley - Hilliard State School & Wellington Point
Liz Kitzelmann - Linville State School
Michelle Connell - The Sycamore State School
Ashleigh Knight - Vienna Woods State School
Jordan Balmes - AD-HOC Facilitator
Brent Corin - AD-HOC Facilitator
Julian Munyard - AD-HOC Facilitator



Certified Social Enterprise

Receiving our certification as an accredited social enterprise has meant the world to us. It's in our DNA. Although we have been operating as a social enterprise since our establishment back in 2014, being recognised and certified is still extremely fulfilling and we are extremely grateful.

So, "what exactly is a social enterprise?", you might be asking. Well, below we have listed the three requirements of an organisation that qualifies them as a social enterprise;

By definition, a social enterprise is a business that:

- has social mission embedded in the DNA of the business to directly address social, cultural and environmental needs; rather than indirectly through socially responsible business practices such as corporate philanthropy, equitable wages and environmentally friendly operations.
- is an enterprise deriving a majority of their revenue through trade of socially and environmentally sustainable products and/or services; rather than through grants, donations or gifts.
- invests the majority of expenditure and/or profit to fulfil their mission.

So now that you know what a social enterprise is, let's explore the specific and unique ways that we meet these above qualifiers:

- Our social mission is to 'enhance the lives of young people', and this is embedded at a constitutional level right through our organisation.
- The majority of our revenue comes from schools and corporate work with less than 5% coming from grants and donations or gifts.
- While the student wellbeing arm of the organisation delivers slim profits, the corporate and training arm delivers higher profits which we reinvest a minimum of 60% (sometimes as high as 85%) of these gross profits back into schools through the provision of low-bono and probono workers.







Team Building

As we have developed over 30 different culture models and concepts, all utilising the very best that Action-Based Learning and group work has to offer, we can provide your group/team/organisation with a Team Building Session like no other!

We call it 'Team Building with a difference'.

Action-based, culture building where everyone will grow at a character level as well as take-home easy to implement, strategic social, emotional and mental health tools that will make their personal lives and professional lives burst with purpose and fulfilment. While we tailor each session to the unique needs of our clients, below is a guide as to what a session with our team might look like.

'STRENGTH LIES IN DIFFERENCES, NOT SIMILARITIES.' - STEPHEN COVEY



Half Day

4 Hour Session \$895 (+ GST)

Up to 10 participants*



Full Day

8 Hour Session \$1,785 (+ GST)

Up to 10 participants*



Returning

Returning Session

20% off returning sessions



*Base price is for small groups of up to 10 participants. Larger groups incur additional facilitator fees.



USING VR FOR MENTAL HEALTH

Often in life, matters that affect our mental health are either not true or don't end up happening - either like the way we thought they would or at all. Sometimes, it is a lie we have been told (or are telling ourselves), exaggerated gossip, a fear that doesn't end up coming to pass or just thinking that any of these 'could' happen. It doesn't need to be true or real for it to have a significant affect on us.

If this is true, then why does it affect us? And why can the affect be so damaging?

We think it's because the lie or misbelief, the false reality we believe, is so immersive. We find it hard to get out of this false reality - whether it be fear, what others think about us, how we are being treated and/or how I am treating myself.

"The more immersed in it I am, the more effect it will have on me, even if 'it' is a lie" - Joshua Schloss

Our data of over 13,000 students (10 - 17 yr olds) tells us that over 70% of young people aren't talking about what they are immersed in.

We have these robust, rewarding conversations, framed around a metaphor that is humorous and fun in a highly engaging and relevant manner to young people.



FROM MIKE CURTIS, PRINCIPAL OF GLASSHOUSE CHRISTIAN COLLEGE.

"I would like to thank you for the seminar that you delivered to the staff after a day of motivating our students and the pastoral team. I found you to be a personable and engaging speaker with a pertinent message. You spoke about the limitless nature of our potential and the potential in our students and how, at times, this is limited by negative self-concept and fear.

I loved the way you used virtual reality to introduce this point in a fun and unique way. I can say from first-hand experience that it was high quality and felt very realistic. The final story you told from your own experiences as a student was very touching and really spoke to the teachers. It was a poignant end to an enjoyable and reflective afternoon."



Intervention

We understand what it feels like to be forming your own identity. We have learned that life's battles can be won by levelling up our values and arming ourselves with a sense of humour and an optimistic attitude. Appropriately sharing their struggles, Joshua and the team encourage young people to view their lives through new lenses. These programs, rich take-homes, with participants to take life on as empowered future leaders with enormous potential!

Leadership

These engaging and activity based workshops will see your captains and student leaders hear motivating stories about legacy and learn that leadership is far more than giving speeches and organising events.

We discuss the ingredients at a values level that a leader must grow and employ in order to be successful and to have a positive and lasting legacy.

SCHOOL PROGRAMS

Our engaging and entertaining presentations, programs and workshops are delivered to students at Primary Schools, High Schools, Universities, Youth Camps, Conferences and Council Events.

The team can present on a range of topics, some of the more regularly asked for topics include:

- Respectful Behaviours Anti-bullying discussion
- Avoiding the False Masculine An intimate look into what it means to be an emotionally healthy man in today's world
- The Dangers of Sex A captivating exploration of the risks of being sexually active too young or while at school
- What is Love Really? The value of love not the feeling of love
- Safe Schoolies A humorous discussion around how terribly wrong schoolies can go and how to navigate it successfully and safely
- Hyper-Reality Our most popular talk which uses a virtual reality on-stage experience to open an informative and personal discussion around mental health, emotional health, human kindness and empathy.



RESOURCES WE USE EVERY DAY



ROPES KITS

As action-based facilitators with selfdiscovery learning as our goal, we have produced ropes kits with floor cards as a way of teaching concepts rather than using a whiteboard or power-point presentation. This helps all ages increase their engagement.



VIRTUES CARDS

We become our names, particularly the names we are called in our 'forming' years. We use these human virtues as names as we see them being practiced by the young people we come in contact with. We remind young people that we get better at everything we practice, virtues included. We aim to help others become intentional about growing their virtue.



MANUALS

Learning leaks, so we don't just train from our Group Work & Culture Power Tools Manuals, we also use them (along with our journals) to remain fresh with our content. Our training is a paradigm shift and it takes time to change to a new normal.



More than just a children's book.

Our series of books that feature Cobee Bee & his friends are all about having powerful conversations with young people about how they are treating themselves, others and their environment. Keep an eye out each year as we publish another book in the series and the teacher's edition of the previous year's book. The teacher's edition has exclusive conversation starters so that you can have meaningful discussions with your children about themes such as;

Bullying, self-doubt, over-confidence, listening, disability, encouragement and much much more.

Each book focuses on a few themes as Cobee & his friends go on journeys that uncover their potential and underlying virtue.

Featured on the right is our extremely talented illustrator, Miranda Jayne who paints with water colours on cotton paper despite several

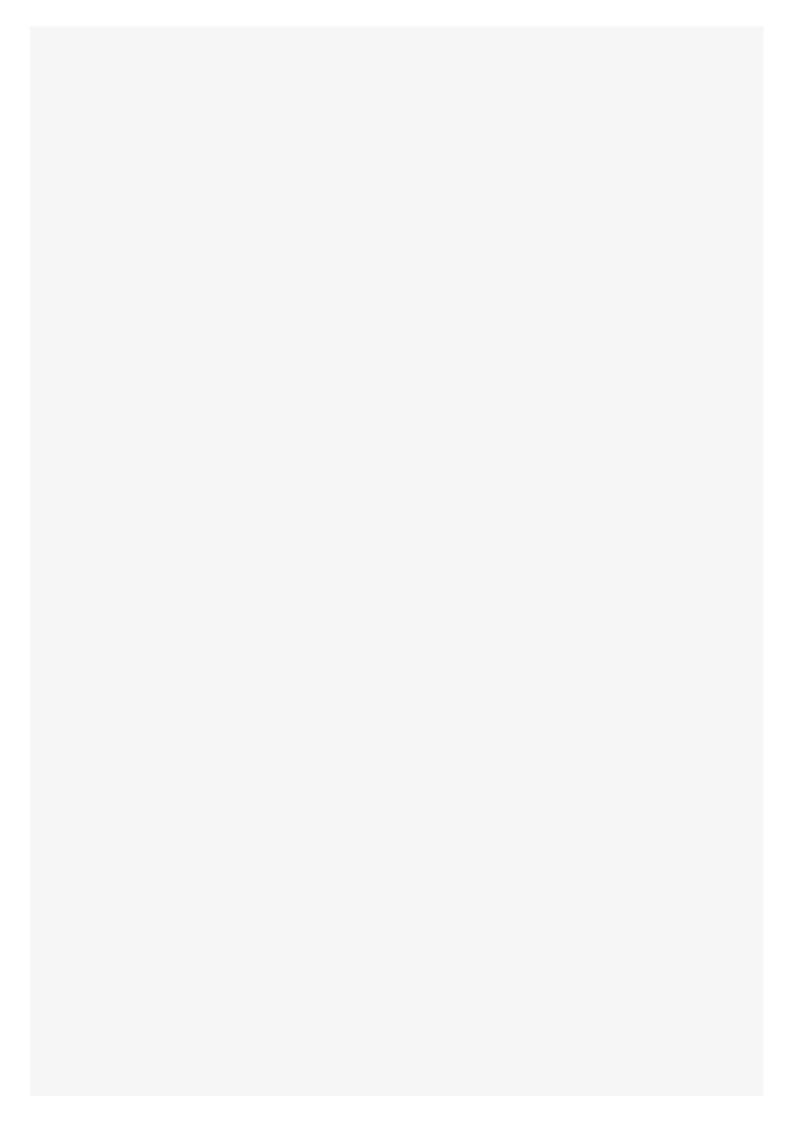


adversities including Ehlers-Danlos Syndrome (EDS) and Postural Orthostatic Tachycardia Syndrome (POTS).

For more information, and to see Miranda discussing her journey and talent on **WINNEWS** please go to www.cobeebee.com.au













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