

STUDENT WELLBEING OFFICERS  
CHAPLAINS  
YOUTH SUPPORT COORDINATORS



THE **FOURTH**  
**QUADRANT**  
FOUNDATION



Business for good

# STUDENT WELLBEING CULTURE COACHING

AS A COMPANY THAT RESIDES ON THE SUNSHINE COAST, WE WOULD LIKE TO ACKNOWLEDGE AND HONOUR THE KABI KABI PEOPLE AND THE JINIBARA PEOPLE AS THE TRADITIONAL CUSTODIANS OF THE COUNTRY WHERE WE LIVE, WORK AND PLAY. WE RECOGNISE THEIR CONTINUING CONNECTION TO THESE BEAUTIFUL LANDS AND WATERS, AND THANK THEM FOR PROTECTING THIS COASTLINE AND ITS ECOSYSTEMS SINCE TIME IMMEMORIAL. WE PAY OUR RESPECTS TO ELDERS PAST, PRESENT AND EMERGING, ACKNOWLEDGE THAT THEY NEVER CEDED SOVEREIGNTY, AND EXTEND THAT RESPECT TO ALL FIRST NATIONS PEOPLE WHOM WE COME INTO CONTACT WITH EITHER ONLINE OR IN PERSON.

V1.11

# TABLE OF CONTENTS

**01**

Not Your Ordinary Company

**02**

Culture Focussed Approach

**03**

Positive Wellbeing

**04**

Model of Care

**05**

Meet the Leaders

**06**

Hyper-Reality Presentation

**07**

School Programs

**08**

How We Raise Funds

# NOT YOUR ORDINARY COMPANY

For The Fourth Quadrant Foundation, helping people gain new emotional health skills isn't only a commitment, but also a passion.

Established in 2014.

*We are a certified Social Enterprise.* This means that we exist more for our social impact than anything else, with 60% of all profits being reinvested into our core mission to 'Enhance the lives of young people'.

It is our firm belief that character growth is near impossible when we are in counter-growth cultures. To this end, we use our 'culture focussed approach' to pass on social and emotional skills and tools that help enhance culture so that everyone can thrive at a character level.



We would be delighted to provide wellbeing services at your school. We believe wellbeing is a vital part of the school's culture, working with you and the school's teaching and pastoral care staff for the social, emotional and spiritual support of students. We hope for two things: (1) that the service be highly valued within the school community for the profound and positive impact it has for students; and (2) that our service to you, and in support of the role, will meet your highest expectations. We are committed to working cooperatively with you to see these outcomes. If you need to discuss anything, please contact your Area Development Manager (ADM), whose details are on the back page. We look forward to continuing to serve you. Yours faithfully, Joshua Schloss - Founder and Managing Director.

**"With needs based facilitators, a culture focussed approach, action-based learning framework and personal stories rich with overcoming adversity, we can motivate, connect with and engage with young people from all walks of life.**

**This includes students as young as five (5) years old. We have personal and professional development seminars and bespoke training packages that we tailor to your needs." - Joshua Schloss (Founder and Managing Director)**



# CULTURE FOCUSSED APPROACH



The values that are at the core of our character influence us unconsciously. It is out of these unconscious drivers that our character attributes are formed. We then act out our character both positively and negatively. The sum total of how a group is acting out their character with one another creates the culture and some desirable outcomes are unrealistic in some cultures.

Our programs, content, classroom short videos, whole class problem solvers, one-on-one coaching framework and reset techniques are all geared toward reaching individuals at the values depth while enhancing culture at the same time.

The above trend can be a negative one in some situations. The values, character and behaviour of a few can influence the culture to the point that the outcomes of many suffer. Likewise, when a world-class culture exists, phenomenal outcomes do too.

# POSITIVE WELLBEING

Positive Wellbeing is essential to success at school.



## STUDENT WELLBEING

In mental health terms, school wellbeing works towards the promotion of protective factors, the prevention of risk factors and, together with a school's pastoral care team, early intervention for children and young people considered 'at-risk' of school disengagement, mental health problems and other wellbeing issues.

## YOUTH SUPPORT COORDINATOR

The purpose of the Youth Support Coordinator Initiative (YSCI) is to support retention and attainment of young people in Years 10 to 12 who have disengaged, or who are at risk of disengaging from education. The initiative enhances opportunities for further education and sustainable future employment.

## CHAPLAINCY

School Chaplaincy complements the work done by other school-based support staff through operating in the 'promotion, prevention and early intervention' (PPEI) space with students, rather than the 'treatment and continuing care' space inhabited by many other helping professionals. All Fourth Quadrant Foundation school chaplains meet or exceed the government qualification standards, and are committed to continuous improvement through regular professional coaching, supervision, training and development.

## STUDENT WELLBEING OFFICER

Student Wellbeing Officers can enhance a school's overall wellbeing strategy and contribute to the achievement of educational goals for its students. As research shows, well supported students are more engaged in their studies and do better at school. This position provides students and staff with social, emotional and spiritual support, providing an additional adult role model in the school and enhanced engagement with the broader community, including parents.

# MODEL OF CARE

Our wellbeing staff focus their work around four key elements to provide developmentally appropriate care and support to students, families and school staff. All our staff are appropriately qualified to carry out these elements, using their expertise and experience to tailor the role to school needs. We complement the work of existing school-based support through:

## SOCIAL & EMOTIONAL SUPPORT 01.

We provide proactive pastoral care for students, staff and parents, helping to create a positive and safe school environment while looking out for those in need. We support students and the school community through bereavement, family breakdown, peer relationships and other difficulties such as bullying, depression and suicide.

## EDUCATIONAL SUPPORT 02.

We support student learning through close liaising with classroom teachers and support staff around effective strategies for increasing engagement with classroom learning. We provide structured programs for individual and small groups of students identified by school staff as at risk of disengagement or already disengaged from participation in their learning programs. We work closely with school



-Joshua Schloss, Managing Director

staff and parents to ensure consistent support strategies are implemented with fidelity across all learning environments for individual students.

## MENTORING 03.

We act as role models for students, assisting them to develop positive and supportive relationships. We may also implement mentoring programs, utilising resources and volunteers from the local community.

## COMMUNITY DEVELOPMENT 04.

We help to build strong links between the school and the wider community. We network with school-based support staff, community based organisations and other networks to mobilise the resources of the community to support student needs.

# MEET THE LEADERS



## **JOSHUA SCHLOSS**

**Founder and Managing Director**

**Sunshine Coast & Gympie**

Working with young people in a voluntary and casual capacity for over 20 years, formally establishing his full-time youth motivational speaking business in 2014 and re-structuring into this certified social enterprise in 2021.



## **JOELEENE LOCHEL**

**Area Development Manager**  
**South Burnett & Lockyer Valley**

Joeleene is a mum of 6 with a passion for empowering our younger generation. Working in the education sector for more than two decades in roles such as teacher aide, learning support, sports coach, tutor and chaplain has given Joeleene a wide range of skills to lean on as she supports the wellbeing programs in her region.



## **LEE TILLEY**

**Area Development Manager**  
**Brisbane & Gold Coast Regions**

Lee has been working with young people for over 30 years. His 10 years as a Chaplain have helped him build a plethora of tools for assisting wellbeing officers in their schools. Lee has over 30 years experience in Pastoral Care and Leadership and brings substantial creativity, commitment and heart to his region.



# HYPER-REALITY MENTAL HEALTH PRESENTATIONS

Often in life, matters that affect our mental health are either not true or don't end up happening - either like the way we thought they would or at all. Sometimes, it is a lie we have been told (or are telling ourselves), exaggerated gossip, a fear that doesn't end up coming to pass or just thinking that any of these 'could' happen. It doesn't need to be true or real for it to have a significant affect on us.

If this is true, then why does it affect us?  
And why can the affect be so damaging?

We think it's because the lie or misbelief, the false reality we believe, is so immersive.

We find it hard to get out of this false reality - whether it be fear, what others think about us, how we are being treated and/or how I am treating myself.

**"The more immersed in it I am, the more effect it will have on me, even if 'it' is a lie" - Joshua Schloss**

Our data of over 13 thousand students (10 - 17 yr olds) tells us that over 70% of young people aren't talking about what they are immersed in.

We have these robust, rewarding conversations, framed around a metaphor that is humorous, fun and highly engaging in a relevant manner to young people. [Enquire about your free presentation.](#)



Joshua at West Moreton Anglican College

## THANK YOU

FROM MIKE CURTIS, PRINCIPAL OF GLASSHOUSE CHRISTIAN COLLEGE.

I would like to thank you for the seminar that you delivered to the staff after a day of motivating our students and the pastoral team. I found you to be a personable and engaging speaker with a pertinent message.

You spoke about the limitless nature of our potential and the potential in our students and how, at times, this is limited by negative self-concept and fear. I loved the way you used virtual reality to introduce this point in a fun and unique way. I can say from first-hand experience that it was high quality and felt very realistic.

The final story you told from your own experiences as a student was very touching and really spoke to the teachers. It was a poignant end to an enjoyable and reflective afternoon.



Joshua with Grace Lutheran College Captains

## Included;

Our incursions, presentations and programs are included in our wellbeing contracts. When your School chooses a Fourth Quadrant Foundation Chaplain, Student Welfare Worker or Youth Support Coordinator, you get to choose from our range of programs at no additional cost. Availability and terms apply however you could expect to have our Managing Director and team visit your School at least three times per year to deliver a program of your choosing should this suit your needs. This is simply our way of having the highest possible impact.

## Leadership

These engaging and activity based workshops will see your captains and student leaders hear motivating stories about legacy and learn that leadership is far more than giving speeches and organising events.

We discuss the ingredients at a values level that a leader must grow and employ in order to be successful and to have a positive and lasting legacy.

# SCHOOL PROGRAMS

Our engaging and entertaining presentations, programs and workshops are delivered to students at Primary Schools, High Schools, Universities, Youth Camps, Conferences and Council Events.

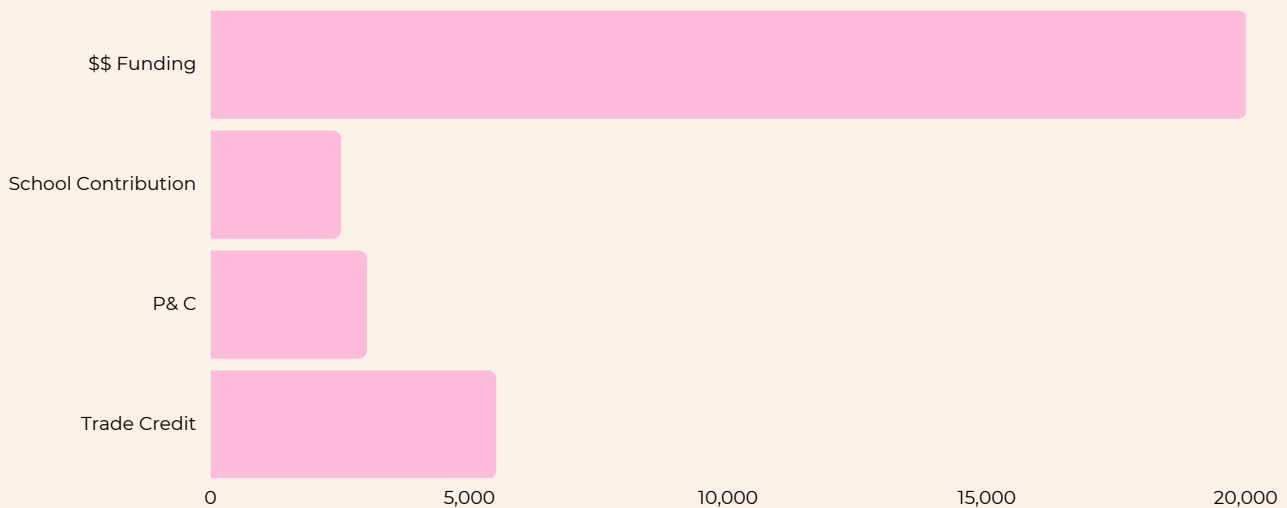
The team can present on a range of topics, some of the more regularly asked for topics include:

- Respectful Behaviours - Anti-bullying discussion
- Avoiding the False Masculine - An intimate look into what it means to be an emotionally healthy man in today's world
- The Dangers of Sex - A captivating exploration of the risks of being sexually active too young or while at school
- What is Love Really? - The value of love not the feeling of love
- Safe Schoolies - A humorous discussion around how terribly wrong schoolies can go and how to navigate it successfully and safely
- Hyper-Reality - Our most popular talk which uses a virtual reality on-stage experience to open an informative and personal discussion around mental health, emotional health, human kindness and empathy.



Natalie with West Moreton Anglican College Leaders

# HOW WE RAISE FUNDS



\*\*\*An example where the school receives \$20,000 funding, contributes \$2,500 from budget, receives \$3,000 from P&C contributions and is credit noted \$5,500 through below events.

As a social enterprise, we don't fundraise in the traditional sense. Rather our financial contributions to our schools come from the re-investment of the profits from corporate trade. Below are some of our services that run at a 60% profit margin which we re-invest back into the school program.

### 1. Group Work & Culture Incubator.

This is our 3 day training package that takes participants on a journey of understanding how we form & grow, what barriers we each have to character growth and how to intervene in the lives of others with rich outcomes. This can be facilitated as a Teacher PD, Parent & Community seminar or a Corporate Culture Development program and 60% - 85% of the total revenue is applied as a credit note back to your school program.

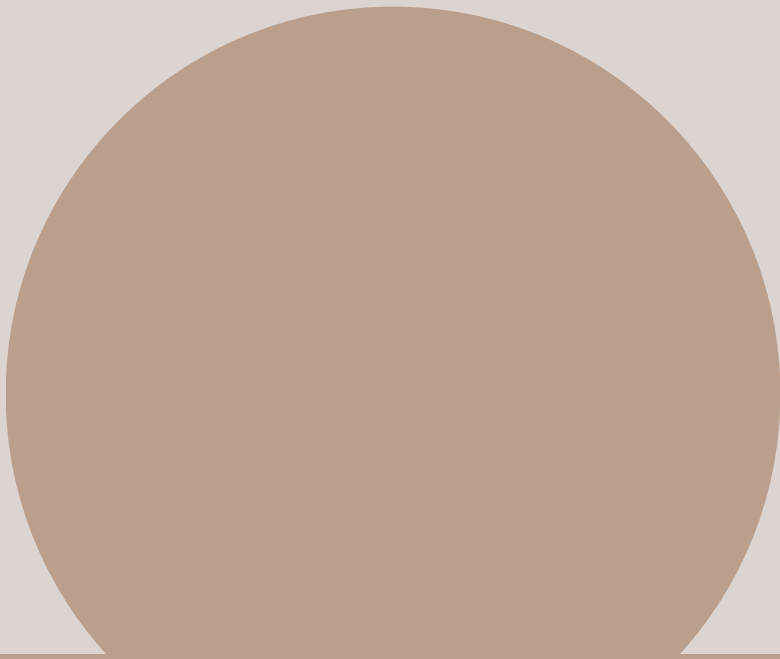
### 2. Team Building Days.

These are delivered as full days of Culture enhancing, team bonding and wellbeing workshops that use problem solvers to draw out best practice in the less tangible areas that affect team culture. Themes like inter-personal relationships, leadership, culture, honour and self-concept are all featured as we work as a group to create and maintain world-class outcomes.

### 3. Annual Dinner.

We put on an Annual Dinner to raise funds for our schools. The money raised at these events through auctions, donations, profit of the dinner itself as well as community pledged support, is applied as a credit note back to your schools original invoice and/or the following years invoices.

\*\*\*All moneys raised are credit noted immediately to your school account so that you always know exactly how much in raised funds you have. We operate a transparent fundraising model.



# STUDENT WELLBEING



THE **FOURTH  
QUADRANT**  
FOUNDATION

Suite 204, Level 2,  
Vitality Village  
5 Discovery Ct  
Birtinya, 4575  
0431 518 488

[www.fourthquad.com.au](http://www.fourthquad.com.au)  
[info@fourthquad.com.au](mailto:info@fourthquad.com.au)  
[@fourthquad](https://www.facebook.com/fourthquad)  
v1.11



Business for good